

THOR HAN

Choosing your leaders / Warning against psychedelics / Symptoms of 5D / Akhara aliens / Merkabah for children / Walk-ins / Northern Lights / Rescued children / Laughter and dance to raise our frequency.

Message

Thor Han: I was advised to give you a message talking about the two coming months on Terra. You need to choose wisely your leaders, I am not allowed to tell names and this wouldn't be just and fair, I am just asking you not to do it lightly but to do it wisely because this will influence greatly your future, because leaders have power which is a simple thing to say but a great thing to understand. Leaders have power and the organizations that are behind them have even more power, imagine the head of a spider which is the elite. The spider controls the web to catch victims. Choose wisely for the interest of many, not the interest of a few, if it happens that the choice will not fit a good outcome, do not worry, we are here for you, backing you up and there are other timelines of solutions which all lead to your good evolution, to your victory upon your own darkness and the darkness that came from space. So do not be scared, my message wasn't intended to scare anyone, my message was intended to give clarity and responsibility because responsibility is something important, it is the main fuel of your evolution. Being responsible for your choices, your acts, not being a child any more. We are like big brothers and big sisters, we're just holding your hand, we cannot walk for you, we cannot grow for you, we cannot learn for you, you have to do this but be assured that we are here backing you up if you stumble, rising you up again if you fall, this is your path, and we are here since the dawn of times, this is my message.

Q: *Even if the wrong person is chosen, we're still going to win and victory's still there.*

Thor Han: It will be more difficult, more painful and longer, but you will win eventually at the end, no pressure.

Q: *Please warn the Terrans again against the use of drugs such as DMT, ayahuasca, marijuana or cocaine, etc, how they lower our vibration.*

Thor Han: This is a dangerous answer to give, usually every artificial drugs which alters your consciousness, it is not good, it's not safe even if you reach different states of consciousness, even if this consciousness is higher, your being is being vulnerable and subject to attacks. I have heard of ayahuasca, it is an efficient drug to reach higher states of consciousness, but it puts your body in a very vulnerable position. If you are well protected you risk nothing. I would not advise drugs to reach higher states of consciousness. What you call practice of meditation, changing the vibration of your heart by replacing the feelings of fear, doubt, anger by peace, unconditional universal love and this is it, this is the drug, love is the drug, the best of all, a great one. Many drugs lower down your level of vibration and I will not recommend using them, the one named ayahuasca works well in higher vibrations, but it puts you into a vulnerable position.

Q: Can you explain 3D to 5D and the signs to know in which density we are existing? How do I know if right now I'm in 3D consciousness or 5D consciousness?

Thor Han: Well this is simple, you are between the both at the moment, shifting. The 4th density is showing up around you, some places on the planet are higher than others. You are living into the third density when you are attached to the ancient traumas of the past that you need to heal, but as well if you feel anger, doubt, anxiety, fear... this is tying you down. Of course in the 5th density you will still have similar feelings but in a higher state. For instance, fear doesn't exist, anxiety is replaced by wondering, concern. Concern in a positive aspect. In the 5th density plane fear is absent, it is logical, it is clear minded, this is the same for all the feelings, we still have feelings, all of them but differently, on a higher octave I would say, except one: we do not have fear.

When you are in the fifth density and you feel peaceful inside, you know that nothing can harm you. You feel no external emotional influence coming from other entities or persons that can reach you. You feel your heart sturdy and stable, you feel openly connected to the higher realms of consciousness, in the same time connected to the ground where you stand. When you are in the fifth density you are feeling very powerful, you are feeling invincible, not in the way of the ego, but in the way of truth because you see you are truly invincible, you do not know it because you've been conditioned to believe you're not.

Your school systems, your religious systems, many make you believe that you are a very ignorant and vulnerable being. This serves purposes I will not name, but you are not, your possibilities are very high, you are not at the moment fully activated, you can activate yourself by opening your consciousness, it activates some parts of your DNA. When you are fully activated, you can move objects around you with only your thought, you can create light in your hand, you can levitate, you can read someone's mind and control it, this, is: fully activated. We are helping you activating as well, you do not only do it by yourselves because when you come from other worlds incarnating on Terra you need avatars that fit your frequency, so normally the third density avatars as they are raw, simple, normal. They are not fit to receive high density beings inside, so we need to adapt the DNA. It is not what we're doing, us from Pleiades, Ashari, but it is the task of other species who work with you, Arcturians Egaroth, Ginvo, Emerther and many others, but these are the principal ones, I am sorry to say that, they need to abduct, but it is done in a very gentle way and not to scare the individuals. The memories are erased but for the good reason. When you are not yet ready to understand something, if you are shown this thing, it may disturb you a lot, can create a trauma and do harm to your soul and your consciousness. We do not want that, so that's why they remove temporary the memory and this memory will come back when the person will fully activate, so it is just misplaced of the memory, it is not totally removed. You know about this, that the memory is always hidden somewhere, you need just to find the path to reconnect to it.

You need first to remove any attachment to the 3d density's emotions. Concerning DNA activation, you can activate it yourself by raising your consciousness, which is difficult but doable by energy work, constantly, every day, you exercise raising your frequency, elevating your consciousness. There are so many ways but it activates slowly.

We can activate you as well, abduction is very common, but as well without abducting you, at the moment you can connect with us by your consciousness, at the moment you are conscious of your light being, your extraterrestrial soul. When you fully embody it during a meditation, you elevate out of your avatar, and you connect with whoever you are connected to, whoever is taking care of you, of your friends, family, co-workers, of the race, the species you belong to, or of the ones who do this work. Then the activation can work, they can activate you like this. Arcturians do this very well and Egaroth also, this is what I can say.

Q: About the effects of 5D ascension

Thor Han: The bad symptoms are if they are doing it wrong. They need first to heal their attachment to the third-density past, they need to cut ties. If they haste the process they will be sick, and they can be attacked by dark ones. If they haste the process by techniques of meditation without having cut ties with the 3rd-density problems, they will be sick and vulnerable. First, heal your past, cut your ties to the third-density and fly away. You cannot bring with you your luggage of pain, sadness, anger and all that goes with it. If you are sick you are doing it wrong, you are doing it too quickly. Heal first, turn back and see what needs to be completed and signed out.

We travel back in time in our memories. When we feel resistance, this is a rule of universal life, there is something that is still attached, so you need to turn back and explore this thing, what is it that makes me blocked from evolution? Why do I still have a heart attached to something? Every time you feel resistance, there is something that is still attached.

Q: Do you know who the Akhara are?

Thor Han: Yes, they are Gray beings based on insectoid structure and this is very interesting because these are not made on the same structure of mind and their ethics is different. Good and bad is not part of their mind, so they are curious and very knowledgeable beings. They look like tall Grays with triangular faces and insectoid features, some have wings, some have different numbers of arms. Very insectoid as you could imagine. Some are green, white or black. There is three different races in this species, they come from a different galaxy, this is a very interesting story about them because they are very different and unique in their mind, and their behavior. They do not know bad or good, they just know curiosity, knowledge, learning, so they work for their own interest but more particularly for assisting different species, because they are very knowledgeable, especially in genetics. So they are going to work with malevolent species for malevolent, harmful purpose, and they will not see where is the problem with that because it will still be for science and experimentation, which is very neutral. They are also going to work with the Council of Five to assist with their knowledge and their abilities without realizing they are doing something good, it is not in the mind, it is not in their structure of mind. Talking about their mind, they have a very special ability to control and manipulate minds of other species, especially humanoids. They used to work with Grays, but they found a trick to block their affect, they still can do it on reptilian races, so the reptilian races, they do not really often work with them, it is quite annoying of course, so the Akhara are a very interesting species.

Q: Merkaba for children. Can we imagine in our minds putting like a two-year-old or a child into a merkaba?

Thor Han: Of course, it works for everything, you can do it for an animal also, and for anything. It would protect them from harmful attacks and as well makes them invisible because the merkaba is an interdimensional device. It will modify and alter the frequency of the atmosphere around it and create a very troubled vision for those who are in inferior densities, something annoying and not agreeable to look at, disturbing blinding in a way, so it is a great protection.

Q: How often would you have to do this for a child?

Thor Han: This depends on your abilities. You create it, construct it, check it and see if it is still there, do something permanently, it is very difficult, so you can do that with an object, house, vehicle, it is a very strong protection, but then you can use it as well as an interdimensional device for transport.

Q: Could you explain the walk-in process please?

Thor Han: We call it “replacement”. Well there are different reasons for doing this, either in a malevolent or benevolent purpose. Malevolent replacements are performed often. Well we are stopping the reptilian and Gray species to do this, we will not go there. The good way of doing this is when there is a contract before incarnation, because you cannot take the place of a soul in an avatar without the consent of the soul that is in there, otherwise you commit a malevolent act of aggression. Very strong negative beings can do that, expel someone by half killing the body and extracting the being from inside, this is possible, but it is not very frequent. Sometimes when this happens, it is usually because there is an issue from a previous incarnation, a grudge as you say, this is a very special case. Then you can also have cases where the person agrees to go when another one comes, usually it is because the person who comes has a mission to accomplish. Extracting a soul is a very aggressive process done with fear and pain to an extreme point that the link breaks, performed in dark places. For the good purpose replacements, there's an agreement with the old soul and the new, there's an agreement before the old soul incarnates in the birth. The agreement is before the coming so there is no violence, no aggression. Although the body avatar needs to be severed from the soul, so sometimes it happens quite peacefully, but this is rare, most of the time you need to have a physical action that the body has accident or seizure.

Q: Talk about the northern lights please.

Thor Han: You call them like this, very high in the ionosphere and difficult to see for those on the ground, but I see them, just now, twirling. To fly into them we create an ionized structure, around the external layer of our ship, that is acting like a shield, so everything inside stays stable. I quite like flying into them, it is quite beautiful.

Q: About the rescued children. You are bringing some into your orbital stations. Are any of them going to come back to Terra?

Thor Han: They cannot go back to Terra because they have no place in your societies, they need special medical care. They are different, so they would be traumatized. Unfortunately, you are not ready for “different children”, they would be cast away and they would suffer, we cannot

take the risk, these children need love, attention and special care, so we are taking care of cleaning them, healing them, removing any artificial devices. When this is done, we send them to places where they will be adopted, taken care of and loved, accepted as they are because I am very sorry to say, maybe all of you who are listening are evolved, ascended souls, but this is not the case of all your institutions. On Terra, different children suffer. These do not talk any language, we have to teach them how to talk, they just mumble, and many have telepathic abilities but they communicate by images, visions and feelings, this is a lot of work that we are doing. I've seen them, many are crippled, many, many, many, many were in pods with life support substance, these ones need to have their legs activated, it's a lot of work on the spine and the cortex, I do not know exactly what they are doing to them, I'm not a medic or a scientist.

Q: About knowing one is an Envoy:

Thor Han: This is a feeling you have when you are a child, you feel different, you feel you don't belong here,. You question if your parents are really your parents, this is the first clue. Then you will be attracted by the night sky feeling it is home better than Terra, where you are,. Then you will discover you have psychic abilities. The psychic abilities may be a Terran thing, but it can be as well because you come from somewhere else, and you are a being of a higher density inside this avatar, these are the clues.

Thor Han: Now laugh, laughing raises your vibration, it creates tremors and spasms in your muscles and it activates your blood pressure. It relaxes you, and it is very nice to rise in laughter. Dance also, sing, singing is sound healing, it is transforming. Play a music you like and dance, while you dance enjoying the music you like, the world around you vanishes and the universe opens within you, you dance with the universe on a music you like. Your times are very challenging, but you need to laugh and to dance to go through it, dance on the rocky ground, fly with your arms and hearts and spirits, the music must be uplifting, if the whole planet would dance on nice music that they like, I let you imagine.