#### **THOR HAN & VAL NEK**

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Thor Han: How are you doing? It is very nice talking to you again, I am fine, my friends are here they are very curious to listen to this. These two guys are friends that I have since a very long time, they are faithful friends, and they were my crew at the time when I was a ship captain, rescuing children and people, mainly children. Val Nek is from Epsilon Eridani, he is from the race Kahel which is a race cousin to mine, and he is my best friend. Celadion is from Erra, he's a pilot, a very good and faithful friend as well, what I didn't tell you is that Val Nek is like me, he has the same grade, he is a fleet commander, so now you can ask him questions and I will transfer the questions, he is willing to answer also. Myrah is at the moment in the Ashara system, it is the star you call Taygeta, on a mission. She is not doing an easy job at the moment, she is taking care of rescued hybrid children, and it is a difficult medical task. These children from Terra, Moon and Tyr, what you call Mars. There has been a lot of operations going on recently, I cannot disclose them in details but the operations now have reached the outskirts of your star system and all the planets occupied by enemy forces are being treated by our forces.

### Q: Would you want to give us an update please on what you've been working on that you are able to disclose?

Thor Han: I have been escorting army ships rescuing the Terrans. The undergrounds are still at war, it is a very, very violent war that is still going on, and it is a good idea that you are asking me to talk about the Agarthan Kingdoms because this is where the war is going on at the moment. In a good way, people are being evacuated, and I am thinking about what I can, and I cannot say. Val Nek says I'm in trouble already (TH laughs). There are many, many entrances to Agartha all over your planet to access the underground kingdoms, the hole in Antarctica is the main access to underground bases, but this is not held by good people, this is held by Akhori Altairan and Ciakahrr, Naga Reptilians, so this belongs to the underground facilities of the enemy, but there are accesses to Agarthan Kingdoms in Antarctica of course. I have never been to the Agarthan kingdoms.

**Val Nek:** I have been once. It is not dark, it is light, they have their own power energy they draw from the rocks and the planet. There is light everywhere and from this light they grow plants, food, they have entire cities, gardens, forests, lakes, all is powered by natural energy, eternal energy, renewable, yes. This energy which you still need to acknowledge, is free for everyone, we gave it different names, but the name is not important, the important is that you acknowledge it. You have it already, your governments have it, they hide it from you because they want to make profit from non-renewable energies.

This is the Cabal directing everything, and this is being dismantled. You have to be patient, I am not involved in these operations, so another reason why I cannot speak about it but just please trust that this is collapsing, I ask you to trust, not to fear, not to despair, they are on their way to their failure.

# Q: What are the buildings made out of, do they look like regular Terran buildings or are they cut into the rocks?

**Thor Han:** It depends on the culture. Some cultures carve their buildings into the rocks, some cultures brings their metals and do constructions with metals. The powered energy allows building facilities and construction techniques, this is difficult to describe as I am just translating what my friend is telling me.

Val Nek: I will speak about the underground kingdom of Terra. I have been there before the war. Telos is part of the Agarthan Kingdoms. Telos was a free realm for millennia of your time. Suddenly the Ciakahrr took it, subdued their king, they took Mount Shasta, Telos city capital, now the elites of Telos are allied with the elites of America States, they are working with Ciakahrrs. Telos is a beautiful city, well it was, it is becoming dark, we are still working at liberating Telos. The city was built with minerals and crystals, it was magnificent, the crystal constructions were shining, producing their own light because the crystals were conducting the power of Phryll, everything in the buildings was animated with power, everything powered as a whole entity. My partner Mirkak from Telos left Terra, he escaped. Next time I can bring him for you, he will speak about his world. Agarthan Kingdoms have different races and cultures, indigenous in different densities of matter and existence. The people of Terra went under the surface of your planet to escape wars a very long time ago and big, big cataclysmic events. I will bring my partner from Telos, who lives now in a nearby system, next time.

He comes from the solar system you call Alpha Centauri, there is a planet there named Selo, once original homeworld of the Telosians. They are cousins with the Selosi, same race, same culture. The planet Selo has many Moons and is big enough to welcome the refugees, who are spread and scattered in that same star system, that belongs to the Selosi. The Selosi are part of The Galactic Federation of Worlds, we all have a different task in regard to our different abilities. Selosi work on bringing back the energies of memory of your planet which have been locked and hidden, they work at revealing ancient historical places to you, to give you answers about your past, that has been hidden from you, learning about who you are, what are you made of and where you come from.

#### Q: About ancient sites and pyramids:

**Val Nek:** Sites in ancient Europe, to the east in the mountains, many sights are to be discovered again, the pyramids, the generators, they were power plants. All the pyramids were power plants supply free power for everyone. Many civilizations from the old times were producing the Phryll energy which was powering everything. The Ciakahrrs wanted this power. Many civilizations have been destroyed. What I forget to say is that there are different densities of existence in Agartha Kingdoms, all your indigenous population who were created on Terra are the fourth density, you call them your mythical creatures, your mythical people.

#### Q: What about Bigfoot? He looks like a big long tall creature with fur everywhere?

**Val Nek:** These ones too, they are very tall, they live in caves, they go and feed themselves in the forest and have human face. Some have different sizes, some are called the good people, they have been helping Terrans for a long time, they are now in fourth density.

#### Q: So they're ascending with earth?

**Val Nek:** They will soon be in the fifth density, some have already passed into the higher density, and they are now safe, you are shifting with everything on this planet, nothing is left behind, every thing is following.

# Q: Val Nek was talking about how the Ciakahrrs were going to try to control us in the future, so how can we avoid that control over our lives?

Thor Han: It is very simple my friends, I will never repeat enough this same sentence, "do not let anybody inject anything into your body against your will". They can control you, your actions, the muscles of your body... As well, many Terrans have been abducted, put trackers or control devices. These have been implanted surgically by abductions, but then to a bigger scale, abductions are not truly efficient enough, so they are planning to inject you these trackers simultaneously everywhere on the planet in a very, very short time, before November. Vaccines is the way they will do it, this virus that you are infected with, Terrans created it, it is not a natural thing, not even the Ciakahrrs were responsible in this, this has been manufactured by your people, Terrans. This had many purposes: get rid of a certain level of small economy and impose upon you a fake vaccine to oblige the whole population of Terra to receive these trackers. We call it the "tracker dust", this is so small that you will never be able to remove it, you can jam it, but this is not very an easy thing to do, and only those who will be able to do it will do it but best is not to get injected. This tracker dust has intelligence for itself which will plug into your nervous system, imagine what they can do to you, what you can do for them. Firstly this tracker dust is so tiny that it will stay in your avatars of flesh forever until the avatar is left to decomposition, this technology had help from Altairan technology and other species as well, who work with the Ciakahrrs such as Kiily-Tokurt, they are very good at technology of this sort, Maytra are stupid, they are not helping very well with technology, Altairans are very good, we have not yet managed to get to communicate with all Altairans, one day we will see peace with the Akhori from Altair, this day will come I trust. So this is the technology they're trying to convince you to have.

# Q:The vaccine that has these trackers, is it going to be just under COVID vaccine or have they added that technology to other vaccines?

**Thor Han:** For the moment it is only under COVID but they are planning to already put it into the other ones if this one is not working. They will scare the Terrans to let them think they need this.

#### Q: about our perceptions when we reach 5D

**Thor Han:** Terra has been for a while in fifth density, of course the colors are different, the matter is in a different aspect, translucent, radiant with light, you will see beings that are around you which you do not see normally, and we will not need anymore to change density to contact you, it will be the same level, then you can enter the space age.

### Q: So Thor Han, you are fifth density?

**Thor Han:** I am. It is the process of awakening and evolution of our beings, it is the spiritual growth, the spiritual evolution, we need to learn to progress and to reach a certain stage of wisdom, the shift of density is occurring normally as a natural process. Somebody in the room would be able to speak about that. Somebody who is in the 9th density.

#### Q: Is Coron here?

**Val Nek:** Since I spoke about pyramids, he is here. No, he doesn't want to speak.

#### Q: So we've talked about this before, it has to do with the staged alien invasion.

Thor Han: Yes, this is a worry, be very careful, this is not meant to happen, but it is not yet sure it won't happen. We see them training in the orbit of Terra, they are training their holographic techniques again. They are a real, real annoyance, they know how not to break laws, how not to break rules, so they cannot be incriminated, they are very clever, yes, your governance, especially the US government is planning to fake as you say an invasion, to make the Terrans believe that they have to unite under a new leader, who will be declared from the Cabal. Your actual leader, you call him president (Trump) is against this, he's fighting the Regressives that is why, although you do not like him, we support him, I am sorry to tell you this, but he is a useful tool. He is genuine in wanting to help the Terran humanity, his first motivation is to get rid of his enemies, his enemies for power and he is very determined. This is why we chose him because he is a man who loves personal power, so then he is the best to fight the Cabal because he will never ally with anybody else of this planet, he is the best tool, I cannot say more, he will shine brighter.

# Q: So if he is one of the good guys, when the government is looking to stage a fake alien invasion, is this president (Trump) aware that is happening?

Val Nek: Yes, he's doing his best to prevent this thing from happening, which is good.

#### Q: So he is trying to stop the shadow government from doing that?

**Val Nek:** Yes, it is a good name for it, it is really working in your shadow, these are the words I would employ, yes and from doing many other things, I cannot speak too much.

#### Q: Could you please address the flat Earth psy-op again?

**Thor Han:** These people who believe this nonsense have lost their mind. They should come into space and see their planet, their planet is a sphere and these people are being fooled. Why at the stage you are in your evolution, how can some groups of Terrans think your planet is flat?

Val Nek: The flat planet is nonsense.

# Q: What can we do to help the planet avoid vaccines or help children? What is our role as individuals that we can best do to help raise the vibration?

**Thor Han:** This is many questions in one, first question about the vaccine, inform yourselves of who makes it. Why is it made by these people, what is in it, why do these specific persons make

it. What is their interest, what are their skills, what entitles them to make it. Then learn about your laws, your sovereignty and your rights to refuse anything that is against your sovereignty, upon your avatar of flesh. This is the way: information, understanding. What is in it? Who makes it and why? Refuse. The children, watch your children, these are difficult times, they will try because they are failing to abduct many more children before they are cast out of this planet. The thing you have to do is to watch your children, be careful, never let your children alone, watch them, they will take preys in poor communities, in the places where the children are put without parents. What you can do for the rescues: it is the work of our forces and your forces, our joint armies, the Erath Alliance. When a child disappears, spread the information of the disappearance of the child, it can help.

There are two armies in the country US and there are many more armies in the rest of the planet. Yes, the good army on the side of your leader is helping, working underground a lot, there is a darker army, who works with the Ciakahrrs and the Telosians, and they fight against each other, I cannot say more.

#### Q: Are we in 4D on the edge of 5d?

**Thor Han:** The planet Terra is still in the fourth density about to slowly shifting in the fifth density, it is a progressive aspect of the shift, it is not happening suddenly, it is a slow process, the frequency is slowly shifting, you have a frequency which is a resonance of the magnetic grid of the planet which is shifting, your instruments are able to measure it, you call it Schumann, this is a good example of a frequency shifting very slowly and progressively into something higher and this is how it is happening, so I would answer that it is between 4D and 5 at the moment.

#### Q: What do the Ciakahrrs receive in trade for slaves?

**Thor Han:** The Thuban Ciakahrr Empire keep the slaves for themselves, for their own needs, food mainly, sorry to talk about this, but it is the answer to the question, food and genetic material for experimentations, they do not trade for exchange as the Maytra and the Kiily-Tokurt are doing and others.

# Q: Are there other presidents from other countries helping the U.S. president, Are you able to tell us which ones?

**Thor Han:** I can tell you the number 14 presidents helping the Terran species, working at saving your planet. I cannot tell names, it wasn't that much when the war started, but they are slowly, slowly getting out of the shadow and taking courage.

#### Q: Do you have any good news for us in the near future?

**Thor Han:** Yes, I can tell you this, do not let fear anymore enter your hearts because all is secured towards a good accomplishment. Soon you will see hope, the Cabal dismantled, the Ciakahrrs cast away from your planet, the alliances of the enemy weakening, allies turning back at each other, and with your planet shifting in a higher density, they are losing their power as people awakens. The reptilians weakens, so keep on spreading the awareness of this, a high frequency with peace, joy, trust, hope in your heart as much as you grow it, as much as you

weaken your enemies. This is happening, we see the grid becoming brighter, we see you're doing a good job. Information is going around your planet by a tool of the dark ones what you call internet, this tool will not burden for more than even less than a century because you will discover something better than this, which I am not allowed to disclose, something that will allow you to communicate with my station (Excelsior ship) for instance, but this is another story, your technologies will jump so high, far and fast after the Cabal is eliminated, dismantled, all the technologies you have them already, they are being retained. You have no idea of the technologies in the power of your scientists, they are kept quiet, they are threatened, they are paid a lot of currency money to be silent. All your lead scientists, they know about these technologies, they have it, they can operate it tomorrow morning, but they will not because they are threatened, they are corrupted, infiltrated, but once the threat of the enemy, the monster, will be overcome, your technologies will be released for free for everyone, I think this is good news. I was a pleasure to talk to you tonight.

Val Nek: I shall go too, I salute you, it was an honor and pleasure.